Integrated approach : MCHN & Nutrition-sensitive Livelihood results better nutritional outcomes

March 5, 2015

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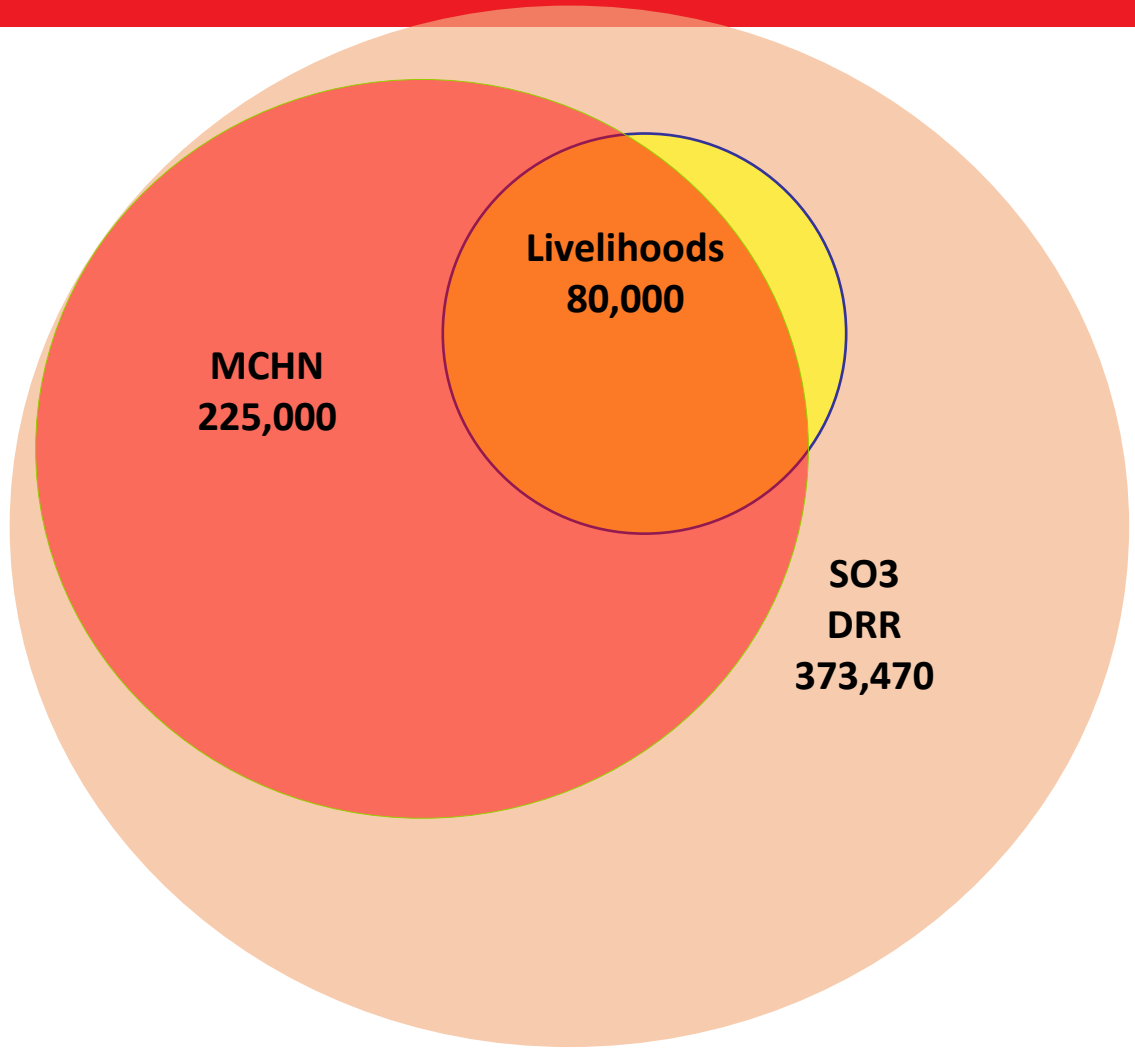
Nobo Jibon is an Integrated Program

Goal: to reduce food insecurity and vulnerability for 191,000 HHs in 11Upazilas of Barisal Division over 5 years.

- **MCHN:** Improved health & nutritional status of children U5 & PLW
- **Market-based Production and Income Generation:** Poor & extremely poor HHs have increased production and income
- **DRR:** HHs in targeted communities protect their lives & assets and quickly resume livelihood activities following natural disasters



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Promotion of improved nutrition practices through integrated approach

- ✓ **MCHN practices promotion & SBCC (ENA)**
- ✓ **Strengthening & ensuring MCHN services thru MOH facility /CC**
- ✓ **Supplementary ration**
- ✓ **Utilization of Community volunteers' network**

MCHN

+

- ✓ **Production support for nutrition-sensitive livelihood options; mainly for women**
- ✓ **Developing Micro-entrepreneurs**
- ✓ **Market linkages**

Liveli hood

→ improved nutrition status & practices

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IYCF Counseling

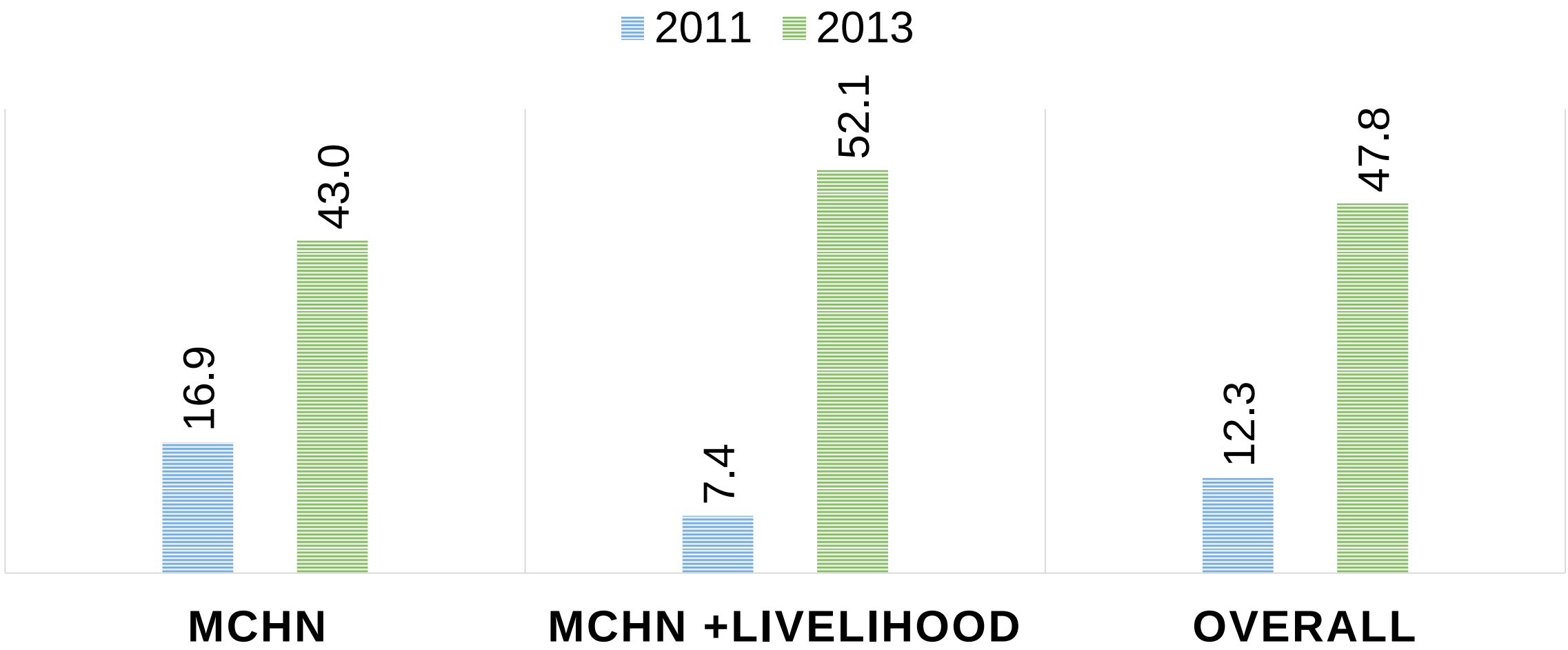
Supplementary Food Ration

Courtyard Sessions

GMP Sessions

Market linkage

Minimum acceptable diet among 6-23 months children



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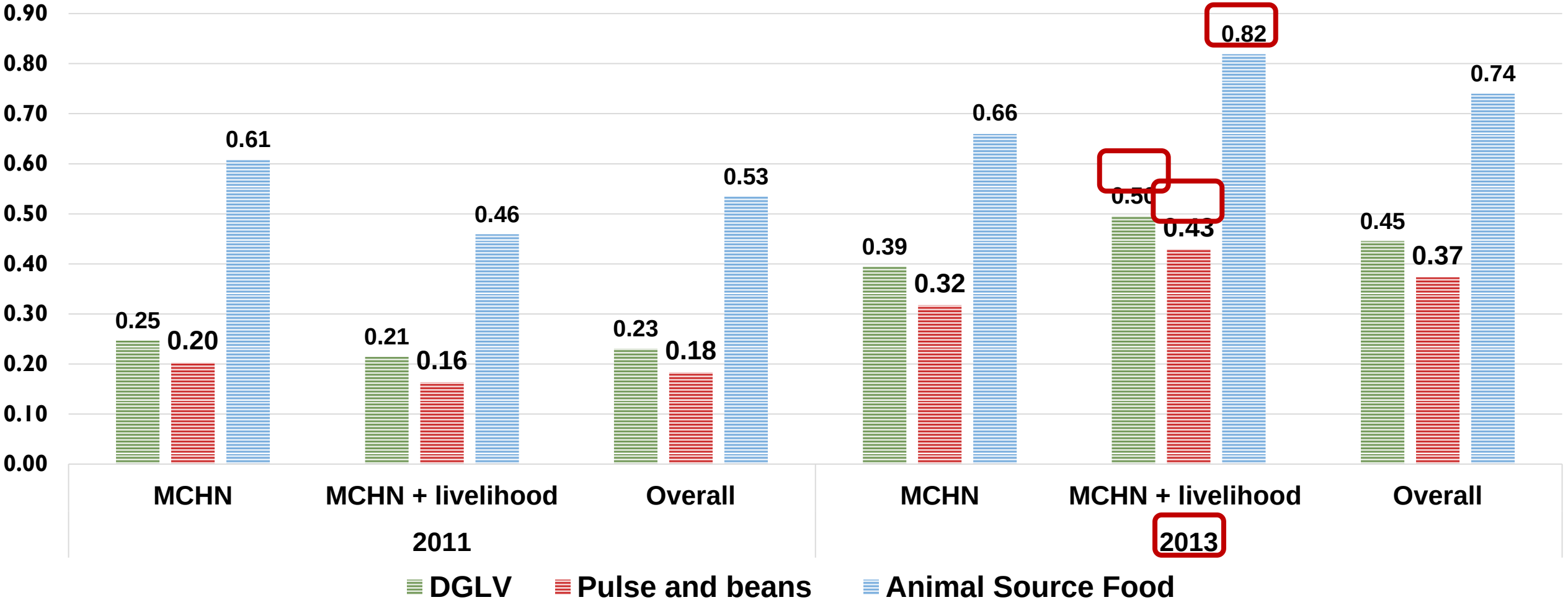
Dietary diversity among 6-23 months children



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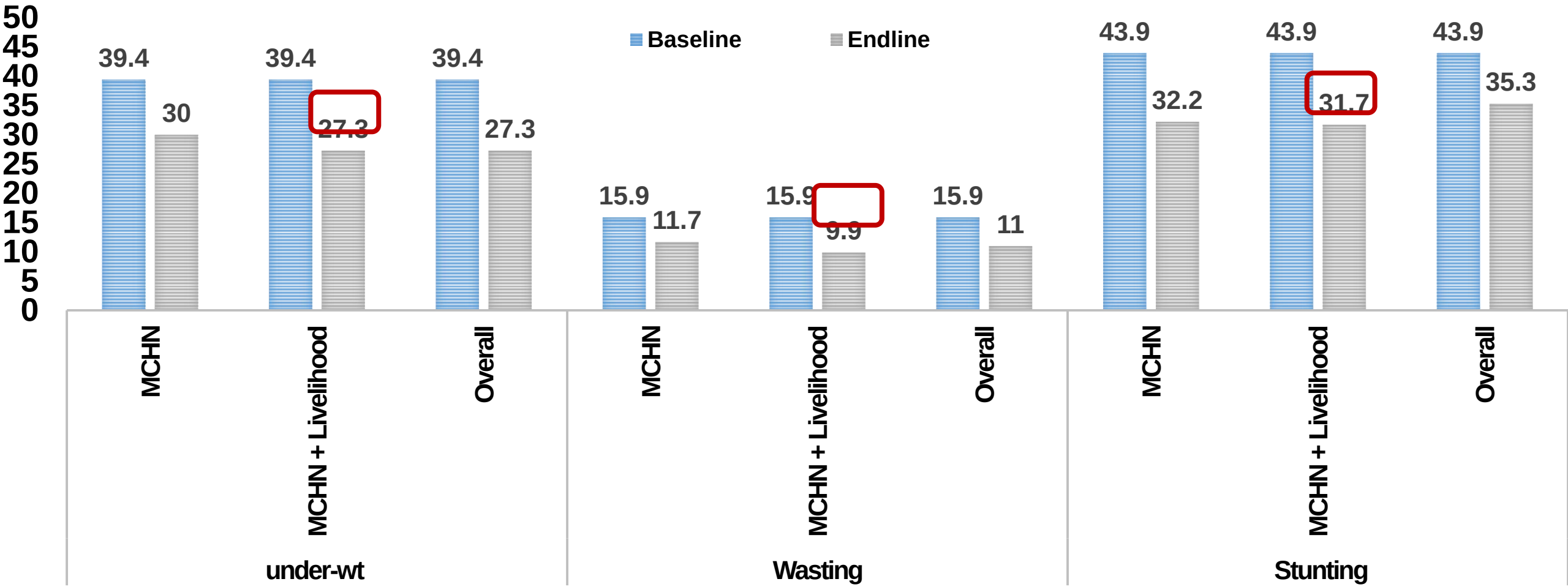
Trend of changes in nutritional status



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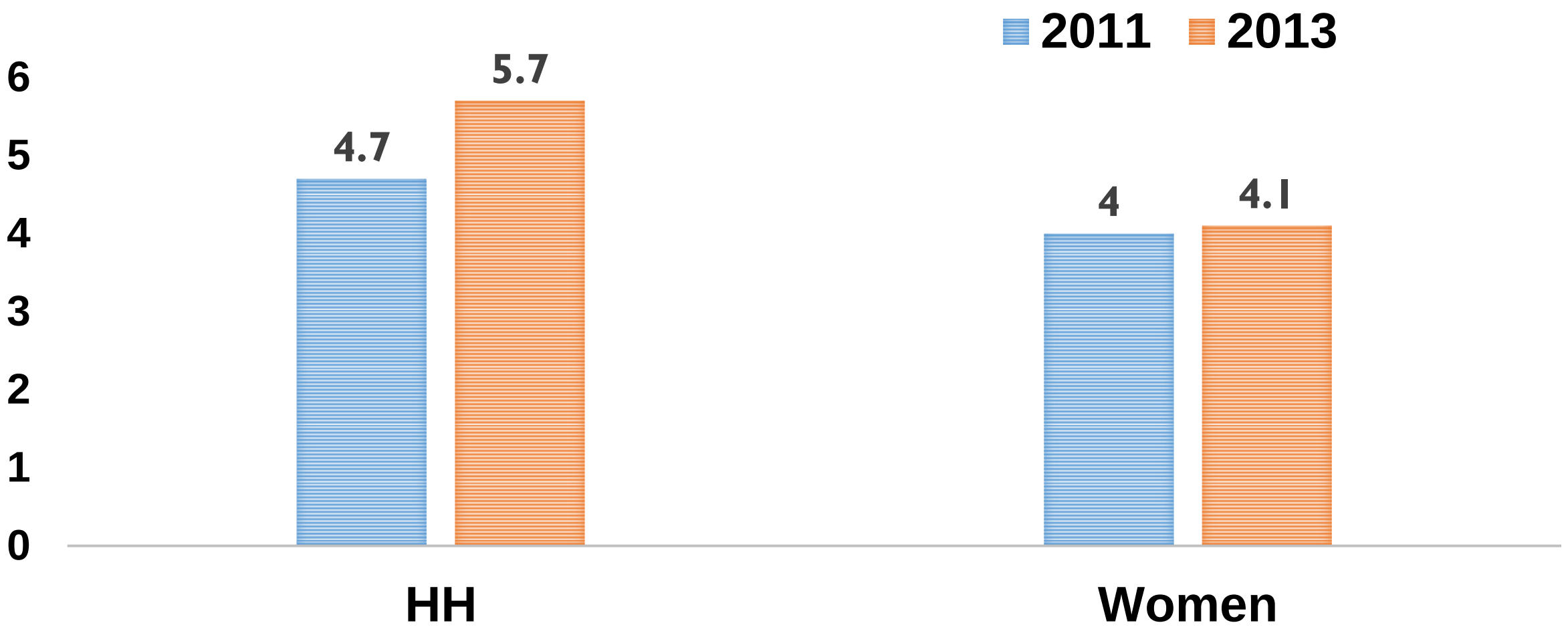
But … Dietary diversity among PLW



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Challenges

- Human and natural resources at HH level to obtain nutrition-sensitive livelihood options
  - Lack of space/land
  - Lack of water-bodies
  - Economic barriers

- Intra-household food distribution patterns

Lessons learnt

- Integrating nutrition-sensitive livelihood options along with MCHN-SBCC activities have a greater impact on improving nutritional status of children

- More gender-sensitive MCHN and livelihood SBCC needed to improve nutritional behavior regarding PLWs

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