Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire:**

**Continued Breastfeeding among**

**Mothers of children 25 - 31[[1]](#footnote-1) months**

**Behavior Statement**

Mothers of children ages 0 – 24 months continue to breast feed their child.

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Questionnaire No.: \_\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_Community: \_\_\_\_\_\_\_\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into child feeding practices. The study includes a discussion of this issue and will take about 20 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. Likewise, if you chose to be interviewed you will not receive any gifts, special services or remuneration. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

**1.** How old is your youngest child? (write the age in months) \_\_\_\_\_\_\_\_\_

❑ A. 25 - 28 months

❑ B. Less than 24 months 🡪 *end the interview and look for another respondent*

❑ C. Older than 29 months 🡪 *end the interview and look for another respondent*

❑ D. Don’t Know / Won’t say 🡪 *End interview and look for another respondent*

**2.**  Have you ever breast fed this child?

❑ A. yes

❑ B. No 🡪 *End the interview and look for another respondent*

❑ D. Do not remember / no response 🡪 *End interview and look for another respondent*

**3.**  I would like you to remember back when your baby was younger. Please tell me how old the baby was when you stopped breast feeding.

❑ A. still breast feeding or 25 months or older

❑ B. less than 24 months 🡪 *Mark as Non-doer*

❑ C. Do not remember / no response 🡪 *End interview and look for another respondent*

**DOER /NON-DOER CLASSIFICATION TABLE**

|  |  |  |
| --- | --- | --- |
| **DOER**  (all of the following) | **Non-Doer**  (any of the following) | **Do Not Interview**  (any of the following) |
| Question 1 = A |  | Question 1 = B or C or D |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C |

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**Section B – Research Questions**

*(Perceived Self Efficacy / Skills)*

**1. Doer & Non-doer:** With your present knowledge, resources, and skills, do you think that you could continue to breast feed your baby until she is 24 months old?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know

*(Perceived Self-efficacy)*

**2a. *Doers***: What makes it ***easier*** for you to continue to breast feed your baby until she is 24 months old?

**2b.** ***Non-doers***: What would make it ***easier*** for you to continue to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**3a. *Doers***: What makes it ***difficult*** for you to continue to breast feed your baby until she is 24 months old?

**3b.** ***Non-doers***: What would make it ***difficult*** for you to continue to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Positive Consequences)*

**4a.** ***Doers:*** What are the ***advantages*** of continuing to breast feed your baby until she is 24 months old?

**4b. *Non-doers:*** What would be the ***advantages*** of continuing to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Negative Consequences)*

**5a.** ***Doers:*** What are the ***disadvantages*** of continuing to breast feed your baby until she is 24 months old?

**5b. *Non-doers:*** What would be the ***disadvantages*** of continuing to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Social Norms )*

**6a. *Doers:*** Do most of the people you know approve of you continuing to breast feed your baby until she is 24 months old?

**6b.** ***Non-doers***: Would most of the people you know approve of you continuing to breast feed your baby until she is 24 months old?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know / Won’t say

*(Perceived Social Norms )*

**7a.** ***Doers:*** Who are all the people that ***approve*** of you continuing to breast feed your baby until she is 24 months old?

**7b.** ***Non-doers:*** Who are all the people that ***would approve*** of you continuing to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “Who else?” Try to get specific types of people)***

*(Perceived Social Norms )*

**8a.** ***Doers:*** Who are all the people that ***disapprove*** of you continuing to breast feed your baby until she is 24 months old?

**8b.** ***Non-doers:*** Who are all the people that ***would disapprove*** of you continuing to breast feed your baby until she is 24 months old?

***(Write all responses below. Probe with “Who else?” Try to get specific types of people)***

*(Perceived Access)*

**9a.** ***Doers:*** How difficult is it to get the support you need to continuing to breast feed your baby until she is 24 months old?

**9b. *Non-doers:*** How difficult would it be to continuing to breast feed your baby until she is 24 months old?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Cues for Action / Reminders)*

**10a. *Doers:*** How difficult is it to remember to continuing to breast feed your baby until she is 24 months old?

**10b. *Non-doers:*** How difficult would it be to continuing to breast feed your baby until she is 24 months old? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Susceptibility / Perceived Risk)*

**11.** ***Doers* & Non-doers:** How likely is it that your baby will become malnourished? Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

*(Perceived Severity)*

**12.** **Doers and Non-doers:** How serious would it be if your baby became malnourished? very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

❑ d. Don’t Know / Won’t say

*(Action Efficacy)*

**13. Doers and Non-doers** How likely is it that your baby will become malnourished if you continue to breast feed your baby until she is 24 months old?

Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

*(Perception of Divine Will)*

**14.*****Doers and Non-doers:***Do you think that God causes babies to become malnourished ?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*(Culture)*

**15. Doers and Non-doers:** Are there any cultural rules or taboos against breastfeeding your baby for 24 months?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*Now I am going to ask you a question totally unrelated to breastfeeding.*

*(Universal Motivators)*

**16. Doers and Non-doers:** What is the one thing you want most in life.

***THANK THE RESPONDENT FOR HIS OR HER TIME!***

1. This age range can be expanded to make it easier to find mothers [↑](#footnote-ref-1)