Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire :**

**Consuming home-grown legumes**

**for use with mothers of children 6 – 59 months**

**Behavior Statement**

Targeted mothers of children 6 – 59 months of age, feed them

home-grown legumes at least 2 times per week throughout the year.

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Questionnaire No.: \_\_\_\_\_Date: \_\_\_/\_\_\_/\_\_\_

Community: \_\_\_\_\_\_\_\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into things mothers feed to their children. The study includes a discussion of this issue and will take about 20 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. Likewise, if you chose to be interviewed you will not receive any gifts, special services or remuneration. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [ If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

1. Do you have a child between the ages of 6 months and 5 years of age?

❑ a. Yes

❑ b. No 🡪 *End interview and look for another respondent*

❑ c. Don’t Know / Won’t say 🡪 *End interview and look for another respondent*

What is the name of that child? (write name here🡪 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

*(use the name of the child in question 6 below)*

2. Do you have a garden where you grow vegetables?

❑ a. Yes

❑ b. No 🡪 *End interview and look for another respondent*

❑ c. Won’t say 🡪 *End interview and look for another respondent*

3. In your garden, do you grow any legumes such as groundnuts, pigeon peas, cowpeas, green beans, soy beans or lentils?

❑ a. Yes

❑ b. No 🡪 Mark as Non-doer

❑ c. Doesn’t know/Won’t say 🡪 *End interview and look for another respondent*

4. Thinking about the legumes you grew in your garden, please tell me what you did with those legumes.

❑ a. the family ate some/all

❑ b. other responses🡪 Mark as Non-doer

❑ c. Won’t say 🡪 *End interview and look for another respondent*

5. Please list all of the family members who ate the legumes?

❑ a. the child between 6 – 59 months

❑ b. other people; not the child between 6 – 59 months 🡪 *Mark as Non-doer*

❑ c. Don’t Know / Won’t say 🡪 *End interview and look for another respondent*

6. About how many times in the last week did (name of child) \_\_\_\_\_\_\_\_\_\_\_\_\_\_ eat any type of legumes?

❑ a. at least 2 times

❑ b. 1 time or less 🡪 Mark as Non-doer

❑ c. Can’t remember/won’t say🡪 *End interview and look for another respondent*

***DOER /NON-DOER CLASSIFICATION TABLE***

|  |  |  |
| --- | --- | --- |
| **DOER**  (all of the following) | **Non-Doer**  (any ONE of the following) | **Do Not Interview**  (any ONE of the following) |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C |
| Question 4 = A | Question 4 = B | Question 4 = C |
| Question 5 = A | Question 5 = B | Question 5 = C |
| Question 6 = A | Question 6 = B | Question 6 = C |

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**Section B – Research Questions**

(Note: In the blank spaces use the name of the child mentioned above)

*(Perceived Self-efficacy)*

1. **Doers and Non-doers:** With your present knowledge, money, and skills do you think that you could feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know

*(Perceived Self-efficacy)*

**2a. *Doers***: What makes it ***easier*** for you to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**2b.** ***Non-doers***: What would make it ***easier*** for you to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**3a. *Doers***: What makes it ***difficult*** for you to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**3b.** ***Non-doers***: What would make it ***difficult*** for you to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Positive Consequences)*

**4a.** ***Doers:*** What are the ***advantages*** of feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**4b. *Non-doers:*** What would be the ***advantages*** of feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year??

***(Write all responses below. Probe with “What else?”)***

*(Perceived Negative Consequences)*

**5a.** ***Doers:*** What are the ***disadvantages*** of feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**5b. *Non-doers:*** What would be the ***disadvantages*** of feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Social Norms )*

**6a. *Doers:*** Do most of the people that you know approve of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**6b.** ***Non-doers***: Would most of the people that you know approve of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know / Won’t say

*(Perceived Social Norms )*

**7a.** ***Doers:*** Who are the people that ***approve*** of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**7b.** ***Non-doers:*** Who are the people that ***would approve*** of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Social Norms )*

**8a.** ***Doers:*** Who are the people that ***disapprove*** of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

**8b.** ***Non-doers:*** Who are the people that ***would disapprove*** of you feeding \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Access)*

**9a.** ***Doers:*** How difficult is it to get the things you need to feed legumes to your child at least 2 times a week throughout the year?

**9b. *Non-doers:*** How difficult would it be to get the things you need to feed legumes to your child at least 2 times a week throughout the year? Very difficult, somewhat difficult, not difficult at all

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Access)*

**10a.** ***Doers:*** How difficult is it to grow the legumes you need to feed them to your child at least 2 times per week throughout the year?

**10b. *Non-doers:*** How difficult would it be to grow the legumes you need to feed them to your child at least 2 times per week throughout the year?

Very difficult, somewhat difficult, difficult at all

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Cues for Action / Reminders)*

**11a. *Doers:*** How difficult is it to remember to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year? Very difficult, somewhat difficult, or not difficult at all?

**11b. *Non-doers:*** How difficult do you think it would be to remember to feed \_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Susceptibility / Perceived Risk)*

**12.** ***Doers* *and Non-doers:*** How likely is it that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ will become malnourished in the next year? very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Severity)*

**13.** **Doers and Non-doers:** How serious would it be if \_\_\_\_\_\_\_\_\_\_\_\_ became malnourished ? very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

❑ d. Don’t Know / Won’t say

*(Action Efficacy)*

**14. Doers and Non-doers** How likely is it that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ would become malnourished if you fed her legumes at least twice a week throughout the year? very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perception of Divine Will)*

**15.*****Doers:***Do you think that **God** makes children become malnourished?

❑ a. Yes

❑ b. Maybe

❑ c. No

*(Policy)*

**16. *Doers and Non-doers*:** Are there any community laws or rules in place that make it more likely that you feed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ legumes from your garden at least 2 times a week throughout the year?

❑ a. Yes

❑ b. Maybe

❑ c. No

*(Culture)*

**17. Doers and Non-doers:** Are there any cultural rules or taboos against feeding your child legumes from your garden at least 2 times a week throughout the year?

❑ a. Yes

❑ b. Maybe

❑ c. No

*Now I am going to ask you a question totally unrelated to the topic we’ve been discussing.*

*(Question on Universal Motivators)*

**18. Doers and Non-doers:** What is the one thing you desire most in life?

***THANK THE RESPONDENT FOR HIS /HER TIME!***