

Acknowledgements

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Infant and Young Child Feeding in Emergencies

Why is Infant and Young Child Feeding in Emergencies important?

Disruption and displacement of populations in emergency situations greatly impacts on the health and nutrition status of infants and young children. During emergencies, even in previously healthy populations the rates of child mortality can soar up to 70 times higher than average and child morbidity and crude mortality rates can increase by 20% in 2 weeks¹ due in particular to diarrhoea and consequent malnutrition. The youngest babies are the most vulnerable. The Lancet demonstrated that optimal breastfeeding and complementary feeding could reduce child mortality in children under five more than any other preventative measure² by up to 26%³. In emergencies, this potential to save children's lives through optimal breastfeeding and complementary feeding could be even higher. For example, in emergencies, total infant mortality rate for infants under 1 year has been found to be 12-53% higher than normal⁴. In emergencies, feeding practices can be undermined by issues such as displacement, insecurity, lack of privacy and poor access to adequate nutrition for both mother and child. Adequate nutrition and care of infants and young children are key factors in ensuring health and survival and appropriate IYCF-E support has consequently become a major strategy in preventing and reducing child morbidity and mortality during humanitarian emergency response.

As stated above, malnutrition is one of the major threats to child survival during an emergency and for those who survive it can also have tremendous consequences on their cognitive, social, motor skill, physical and emotional

¹ WHO, Guiding principles for feeding infants and young children during emergencies, 2004

² Black R E et al. 'Maternal and child under-nutrition global and regional exposures and health consequences. The Lancet, 371:243-60. 2008

³ Calculations using Lancet series and other papers from SCUK, Hungry for Change. 2009

⁴ World Breastfeeding Week. Breastfeeding – a vital emergency response. Are you ready? 2009

development². If caught in time malnutrition can be usually be treated but this is not always the case, further management of a cute malnutrition in infants is complicated by a lack of evidence and knowledge about diagnosis and the most appropriate treatment protocols in different contexts. For a myriad of reasons prevention of malnutrition must be the goal, with treatment as a safety net. The best way to prevent malnutrition is through ensuring optimal feeding and care for children through supporting exclusive breastfeeding, appropriate complementary foods, and a supportive care environment – the backbone of IYCF-E programming.

What is Infant and Young Child Feeding in Emergencies?

Infant and Young Child Feeding in Emergencies, collectively referred to as IFE or IYCF-E, concerns the protection and support of safe and appropriate feeding for infants and young children (ages 0-<24 months of age) in emergencies, wherever they happen in the world. It refers to a range of nutrition and care techniques that improve child survival and growth. As such IYCF-E is concerned with protecting and supporting breastfed and non-breastfed infants, complementary feeding, care practices, child development, child protection, pregnancy and general maternal and child nutrition and health (mental and physical). IYCF-E is about feeding of infants and young children but in order to ensure this and appropriate care for the infant it requires cross-sectoral responsibility and engagement including WASH, camp management, security, shelter, health, food security and livelihoods, logistics, child protection, general coordination, etc. It also encompasses a range of activities at different levels, for policy development to building capacity for one-to-one support of mothers.

IYCF-E aims to protect and support appropriate feeding practices for infants and young children that will prioritise their needs and enhance their chances of healthy growth, development and survival despite the emergency environment.

Save the Children is dedicated to advancing ensuring there is appropriate IYCF-E programming. The *IYCF-E Toolkit* has been designed to promote best practice and rapid implementation of infant and young child feeding in emergencies. The toolkit aims to meet the needs of emergency nutrition programme managers, coordinators, and advisors who are responsible for program design, implementation and management of IYCF-E programs in emergency contexts.

Introduction to the Toolkit

The IYCF-E Toolkit has been designed as a collection of tools needed to begin implementation of IYCF-E programmes, as a new emergency nutrition activity. The Toolkit was envisioned not as a re-creation of existing tools and resources that are currently available, but as an easy-to-use compilation of these tools and resources that will allow Nutrition Advisors, Coordinators and Programme Managers to rapidly access needed inputs and begin implementation as soon as possible, without needing to spend a lot of time searching for certain tools. However, as discussed in the review on IYCF-E programming undertaken by Save the Children⁵ there are a lack of tools on IYCF-E and further those tools that have been developed have not been fully assessed. Consequently, while it is recognized that whilst this toolkit is urgently needed it is not complete and the development of further tools along with a review of those tools by actors in different emergency contexts is needed. Save the Children commits to this process and encourages other agencies and organisations, in the IFE Core Group and wider, to do the same and feedback to Save the Children to update the toolkit.

The toolkit is not meant to be used as a replacement of national protocols. When starting up any emergency nutrition program, the first resource for programme managers is the Ministry of Health. Where countries have

⁵ Save the Children. Infant and Young Child Feeding in Emergencies: Why are we not delivering at scale? A review of global gaps, challenges and ways forward. October 2012.

national protocols in place for IYCF-E programming, these protocols must be utilized and any IYCF-E Toolkit tools should be adapted to the national protocols. Where a country has adopted standardized IYCF-E forms and reporting formats, these forms and formats should be used. Further, in countries where national protocols and tools have been developed for IYCF programming in non-emergency contexts, it may be more appropriate to use/adapt these for the emergency context. This link between IYCF (in normal contexts) and IYCF-E has previously been called ‘the handshake’⁶ and whilst there are additional issues/priorities in the emergency context it must be remembered that where possible building on the successes/systems of normal IYCF programming in times of emergencies must be a priority, in order to have greater and more sustainable outcomes.

The tools contained in the IYCF-E Toolkit are not prescriptive. Not all components may be required by every programme and adaptations to fit specific contexts are encouraged. As stated above it is recognized that this Toolkit may not be wholly comprehensive. Program Managers may find other resources and tools very helpful and we encourage use of these tools as well as to recommend their inclusion in future editions of the IYCF-E Toolkit. As IYCF-E programming continues to evolve and as operational research yields best practices of IYCF-E programs, updated versions of the Toolkit will be developed and piloted. Your input will be invaluable to ensuring this toolkit remains practical and useful and all feedback is welcomed, which will feed into future versions.

Using the Tools

The three main folders of documents are the Core Toolkit, the Key Implementation Resources and the References, details of which are mentioned below. The Core Toolkit contains a folder ‘Overview of IYCF-E Toolkit’ but otherwise each folder contains the following subfolders:

1. Determine the Need
2. Programme Planning
3. Caseload and Supply Needs
4. Staff
5. Orientation and Training
6. Proposal Development, Monitoring and Reporting
7. Policy
8. Coordination and Communications

Core Toolkit

The essential, must-have documents in order to plan an appropriate and relevant IYCF-E programme.

Key Implementation Resources

These documents will help you practically implement your IYCF-E programme. The relevant documents can be downloaded from the table of contents below depending on what programme has been decided upon.

References

All reference material related to IYCF-E programmes is included here, such as guidelines, guidance notes, examples from different organisations and so on.

⁶ Save the Children, UNICEF. Strengthening Infant and Young Child Feeding Programming and Planning for Emergency Preparedness and Response Workshop. 25th-29th June 2012.

Core Toolkit Contents

Folder	Document	Summary of Contents
0. OVERVIEW OF IYCF-E TOOLKIT		
	Abbreviations, Acronyms, Terminology, Definitions	Knowing and understanding the terminology used in Infant and Young child Feeding in Emergencies (IYCF-E).
	Introduction and Toolkit Framework	Understanding what IYCF-E is, why it is important and how it can help in a rapid IYCF-E response. Table of contents for IYCF-E Toolkit Core Toolkit, Key Implementation Resources and References.
	IYCF-E Summary Sheet	A snapshot of what IYCF-E is and ways of protecting and promoting IYCF-E specifically by encouraging breastfeeding, minimizing risks of artificial feeding and cup feeding when needed.
1. DETERMINE THE NEED		
	Overview of Determining the Need for Intervention	A basic guide for nutrition personnel to determine the need for IYCF-E interventions based on what information is available, addressing key questions and identifying useful resources.
	Humanitarian Response - Indicators Registry for IYCF-E	A tool outlining key MIRA indicators for IYCF-E.
2. PROGRAMME PLANNING		
	Overview of Programme Planning by Intervention	Summary of planning IYCF-E programmes based on basic and technical interventions with information on breastfeeding corners, baby friendly spaces, baby tents and care group model.
	Decision trees for IYCF-E	Determining an appropriate IYCF-E intervention through a decision tree and a flow chart of how to assess individual infants.
A. Minimise the Risk of Artificial Feeding		
	Targeting criteria for artificial feeding	Guideline for targeting breastmilk substitutes appropriately and avoiding wrong admissions for BMS programmes.
	RUIF & PIF Pros and Cons	Advantages and disadvantages of RUIF and PIF. Providing a better alternative through 'safer BMS Kit'.
B. Technical Areas		
	Recommended Breastfeeding Practices & Counselling	Recommended breastfeeding practices and key discussion points to have with the caregiver.
	Recommended Complementary Feeding Practices & Counselling	Recommended complementary feeding practices and key discussion points to have with the caregiver.
	Summary HIV Infant Feeding Recommendations 2010	Summarized recommended HIV infant feeding and related FAQs.
	Maternal Nutrition - Summary of Key Considerations for IYCF-E	Key considerations on effect of maternal nutrition on breastmilk.

IYCF-E TOOLKIT: Rapid start-up for emergency nutrition personnel

3. CASELOAD AND SUPPLY NEEDS		
	IYCF-E Caseload and Supply Calculator	A comprehensive tool to calculate caseload and supplies (PIF/RUIF) needed for a BMS programme.
	Overview for Estimating Target Population and Supply Needs	A summary of how to estimate target population and calculate supplies needed for each feeding category.
4. STAFF		
	IYCF-E Interview Guides	A sample of interview questions for all levels of IYCF-E personnel.
	IYCF-E Staffing Overview	Guidance on IYCF-E staffing and descriptions of job roles.
5. ORIENTATION AND TRAINING		
	Orientation and Training Overview; IYCF-E Orientation, Module 1 version 2.1, 2010	Summarized package of IYCF-E resources to help in orientation and training of IYCF-E technical staff involved in planning and responding to emergencies, at national and international level.
6. PROPOSAL DEVELOPMENT, MONITORING AND REPORTING		
	Proposal Development, Monitoring and Reporting Overview	A summarized collection of resources on IYCF-E proposal development, monitoring and reporting including specific fundraising guidance for USAID/OFDA and ECHO as examples.
	SC Master Budget includes IYCF-E	A sample budget of a nutrition project including an IYCF-E programme encompassing staffing, training, supplies, logistics, survey/evaluation and activity specific costs.
	SC Log Frame - IYCF-E	A sample log frame suggesting different interventions, activities and indicators to aid rapid proposal development in emergency contexts.
7. POLICY		
	Policy Overview	An overview of key global legislation, frameworks, strategies and initiatives for IYCF-E.
	Summary Code Sections and Emergencies	Summary of key guiding principles of the 'International Code of marketing of BMS' and World Health Assembly Resolutions relevant to IYCF-E.
	Summary WHO Guiding Principles 2004	Summary of key guiding principles of WHO for IYCF-E.
	Operational Guidance on IYCF-E Key Points & WHA Resolution	Key points from the Operational guidance on IYCF-E v2.1, 2007.
8. COORDINATION AND COMMUNICATIONS		
	IYCF-E Coordination and Communications Overview	A set of sample key messages on IYCF-E for different target audiences, suggested media spots and examples of relevant IYCF-E tweets.
	IYCF-E Media Guide Flyer	A two-page brief for the media providing information about IYCF-E and how media can help.

Key Implementation Resources Contents

Folder	Document	Summary of Contents
1. DETERMINE THE NEED		
	Tips on IYCF-E assessments	Basic tips on how to conduct IYCF-E assessments and key points to consider while undertaking them.
A. Initial Rapid Assessment(s)		
	Example of IYCF-E transect walk	A list of questions based on necessary observations to be made in order to understand what is happening in the community around IYCF-E.
	Example of a multi-sectoral key informant interview	An example of a questionnaire for a multi sector interview of key informants during emergency.
	Example of rapid IYCF-E FGD	A sample FGD questionnaire for mothers or a care group during emergency.
	IYCF-E initial rapid assessment questions and rationale	One pager of questions for an IYCF-E rapid assessment.
	Example of rapid IYCF-E household Assessment	A sample household questionnaire for determining gaps in nutrition needs of infants and young children during an emergency.
	HH questionnaire IYCF-E Results Database	A sample IYCF-E database for data entry of the sample IYCF-E household assessment.
B. Sector Specific Assessment and Survey Tools		
	Example of IYCF-E household interview 1 - Breastfed Infant <6mths	A sample household questionnaire used in Bangladesh post cyclone to assess feeding of breastfed infants less than six months.
	Example of IYCF-E household interview 2 - <6mths of age	A sample household questionnaire used in Bangladesh post cyclone to assess feeding of non-breastfed or mixed fed infants less than six months.
	Example of IYCF-E household interview 3 - Complementary fed infant >6mths	A sample household questionnaire used in Bangladesh post cyclone to assess feeding of infants older than six months.
	Example of IYCF-E key informant interview	A sample questionnaire for key informants (health worker or influential community member) used in Bangladesh post cyclone to assess pre and post emergency situation of infant and young child feeding.
	Example of IYCF-E FGD	A sample of a format for FGD with caregivers to determine predominant feeding practices and to discover key challenges to their provision.
	Bottle feeding survey	A tally sheet for recording usage and reasons for bottle feeding in children 0-24 months according to feed type including analysis.
2. PROGRAMME PLANNING		
A. Activities		
a. Action Orientated Group		
	How to conduct an action orientated group	A guideline on how to conduct an action oriented group activity.
b. Baby-Friendly Spaces		
	Activities timetable in baby-friendly space	An example of a daily table of activities for a week in a baby friendly space.

c. Cooking Demos		
	Example Cooking demo guide Myanmar 2009	Guidelines on how to prepare, plan and carry out a cooking demonstration.
d. Kangaroo Care		
	Kangaroo Care Guide	An explanation on Kangaroo care including what it is, why it is important and how it can be done.
e. One-on-One Counselling		
	Massage workshop tips	A step-by-step guide for mothers on how to massage their baby.
	Overview - Skilled breastfeeding support characteristics	An overview of how to provide support through support groups, peer mothers and through one-to-one skilled breastfeeding support.
	Overview - listening skills; behaviour change; doable actions	A list of listening, learning and confidence building skills, the behaviour change model and framework of doable actions.
f. Support Group		
	How to conduct an IYCF-E support group	Tips on how to plan and conduct an IYCF-E support group session.
	Mother to mother support groups - overview	References to documents within the toolkit for information on mother-to-mother support groups.
B. Caregiver-Baby Assessments		
	Assessment of pregnant woman	A sample questionnaire intended to assess pregnant women for admission to the IYCF-E program and provide possible topics for discussion with the pregnant woman based on the assessment.
	B.R.E.A.S.T	An observation checklist for assessing a breastfeed.
	Full Assessment Mother-Baby Pair with BMS	A sample assessment form of a mother-child pair to identify problems with feeding for a child being given BMS.
	Full Assessment Mother-Baby Pair without BMS	A sample assessment form of a mother-child pair to identify problems with feeding for a child not being given BMS.
	Deciding who needs help	How to decide whether a simple or a full assessment of mother-baby pair is required.
	Simple Rapid Assessment Mother-Baby Pair version 1	A simple rapid assessment form for a mother-baby pair to identify admissions and further need for full assessment.
	Simple Rapid Assessment Mother-Baby Pair version 2	A second version of a simple rapid assessment form for a mother-baby pair to identify admissions and further need for full assessment.
C. Minimise the Risk of Artificial Feeding		
	Artificial Feeding Guidelines - PIF for HW	Guidelines for health workers on the preparation, use and storage of Powdered Infant Formula (PIF) in emergencies.
	Artificial Feeding Guidelines - RUIF for HW	Guidelines for health workers on the preparation, use and storage of Ready to Use Infant Formula (RUIF) in emergencies.
	Evaluation of Artificial Feeding in the Home	An assessment tool used in conjunction with the full assessment of mother-child pair with BMS to evaluate feeding at home.

	Example of a Generic Label for PIF	An example of suitable information for a generic PIF label.
	Example of a Generic Label for RUIF	An example of suitable information for a generic RUIF label.
	Frontline Feeding Support Summary	An overview of how feeding assistance can be provided to caregivers and their children by frontline workers.
	Note on Artificial Feeding Guidelines for Caretakers	A reference to the information available within the toolkit on guidelines for caregivers on artificial feeding.
	Sourcing an appropriate BMS	A quick reference on how can BMS be appropriately sourced and what issues are involved.
	Briefing How to Manage Donations of BMS	A guideline on how to prevent and manage unsolicited and unwanted donations of BMS, milk products and infant feeding bottles/teats.
a. Donations		
	Example BMS Donations Questionnaire - Haiti 2010	A sample questionnaire to record reported BMS donations.
	Agency Agreement for BMS with Coordinating Agency	A sample agreement for agencies on BMS.
	Application for BMS from Coordinating Agency	A sample application from an agency for distribution of BMS to the BMS coordinating agency
D. Technical Areas		
a. Breastfeeding		
	How to - Make a Breast out of a Sock	An illustration of how to make a breast out of a sock, which can be used as an IYCF training aid.
	How to - Make a Material Baby	An illustration of how to make a material baby, which can be used as an IYCF training aid.
	How to - Useful Tips on Breastfeeding	A list of helpful tips on how to illustrate common breastfeeding concepts during an IYCF training.
	Common myths on breastfeeding and IYCF-E	A list of common myths and facts on breastfeeding and IYCF-E.
b. Complementary Feeding		
	Active and Responsive Feeding - Tip Sheet	Tips on the importance of responsive feeding and how can this be achieved.
	Summary Complementary Feeding Guiding Principles - Non-Breastfed	A summary of guiding principles for complementary feeding non-breastfed children 6 to 24 months of age.
	Products for Complementary Feeding in Emergencies	A presentation on the nutritional value of different products that can be used for complementary feeding during emergencies.
c. HIV and Wet Nursing		
	Emergencies HIV issues and Wet nursing	Key considerations for HIV cases and wet nursing during emergencies
d. Managing Acute Malnutrition in Infants		
	Summary - Managing Acute Malnutrition in Infants	A summary of infant feeding guidelines for infants under six months with reference to material available on MAMI within the toolkit.

e. Psychosocial and Developing the Child		
	Psychosocial and psychological support	A summary on the importance of psychosocial and psychological support during emergencies using the extended care conceptual framework.
f. Relactation		
	Summary - Helping a Woman to Relactate	A summary of how to help a woman to relactate.
3. CASELOAD AND SUPPLY NEEDS		
	Breastfeeding Support Kit	A list of contents of a breastfeeding support kit.
	Cooking demo & comp feeding support supplies	A list of materials/equipment needed to prepare and conduct a cooking demonstration.
	Infant formula details - RUIF & PIF	Instructions on how to use and store RUIF and PIF.
	Resources for IYCF-E area	Equipment and supplies needed for setting up an IYCF-E area.
	Safer BMS Kit	List of items in a safer BMS kit and how to use them.
	Sourcing an appropriate BMS	Important considerations on how to source a BMS.
4. STAFF		
A. Job Descriptions		
	Job Description Breastfeeding Counsellor	An example of a job description for a Breastfeeding Counsellor
	Job Description IYCF-E Community Mobilizer or Educator	An example of a job description for an IYCF-E Community Mobilizer/Educator
	Job Description IYCF-E Consultant	An example of a job description for an IYCF-E Consultant
	Job Description IYCF-E Counsellor	An example of a job description for an IYCF-E Counsellor
	Job Description IYCF-E MEAL Officer	An example of a job description for an IYCF-E MEAL Officer
	Job Description IYCF-E MEAL Supervisor	An example of a job description for an IYCF-E MEAL Supervisor
	Job Description IYCF-E Program Officer	An example of a job description for an IYCF-E Program Officer
	Job Description IYCF-E Psychological Worker	An example of a job description for an IYCF-E Psychological Worker
	Job Description IYCF-E Supervisor or Manager	An example of a job description for an IYCF-E Supervisor/Manager
	Job Description IYCF-E Head in an Evacuation Centre	An example of a job description for an IYCF-E Head in an Evacuation Centre
	IYCF-E Community Mother Breastfeeding Supporters - role e.g. Evac centre	An overview of role and responsibility of Mother Breastfeeding Supporters in evacuation centres.
B. Supervision		
	Nutrition Program Monitoring Checklist for Non-Technical Staff	An IYCF-E program monitoring checklist for non-technical staff.

IYCF-E TOOLKIT: Rapid start-up for emergency nutrition personnel

	Observation Checklist for Action Orientated Group	An example of an observation checklist to evaluate an action-oriented group session.
	Observation Checklist for IYCF-E Assessment of Mother	An example of an observation checklist to evaluate how an IYCF-E assessment of a mother should be conducted.
	Observation Checklist for IYCF-E Support Group	An example of an observation checklist to evaluate an IYCF-E support group session.
	Supervision of IYCF-E Centres	An example of a supervision checklist for IYCF-E centres.
	What is Supportive Supervision	An outline of the key elements of supportive supervision.
	Supervision Checklists for Follow-up (excel format)	An example of a supervision checklist for an IYCF-E mother-baby assessment.
5. ORIENTATION AND TRAINING		
	Differences between IYCF & IYCF-E - handshake	Important similarities and differences between IYCF and IYCF-E.
6. PROPOSAL DEVELOPMENT, MONITORING AND REPORTING		
A. Programme Reporting Templates		
	IYCF-E Field Report Template	An example of the structure of an IYCF-E field report.
	IYCF-E Daily and Weekly Report Template	A daily and weekly compilation report template for IYCF-E.
	IYCF-E Weekly Report Format	An example of a template to consolidate weekly indicators of IYCF-E.
	Simple rapid assessment database	A sample database for a simple rapid assessment.
	Monthly stock report	A compilation of stock records to monitor and manage stock movement monthly.
	Stock Report Template	An example of a stock management tool for monitoring and managing available stocks.
B. Form Templates		
	Diarrhoea Tally sheet at IYCF-E centres	An example of a tally sheet to report cases of diarrhoea in IYCF-E sites according to feeding category.
	IYCF-E Register Book Template	A sample registration book to record admissions and discharges of children 0-23 months and PLW in an IYCF-E program.
	BMS Prescription Database	Database for recording admissions and follow-up for beneficiaries using BMS.
	Home Visit Forms	A form to report on IYCF in the home.
	IYCF-E Counselling Summary Sheet for Field	A sample template for consolidating information from IYCF-E counselling sessions.
	IYCF-E Beneficiary Card	An example of an IYCF-E beneficiary admission card.
	IYCF-E Care Plan - for Caregivers Using BMS	A sample template for an IYCF-E care plan for infants receiving BMS.
	Referral Register - IYCF-E	A referral register template for recording mother-baby pairs requiring further IYCF-E support.
	Referral Form - IYCF-E	A referral form template for mother-baby pairs requiring further IYCF-E support.

	IYCF-E Care Plan - for Caregivers Not Using BMS	A sample template for an IYCF-E care plan for infants not receiving BMS.
	Summary attendance for sessions & groups	A summary sheet template for consolidating attendance by target group for IYCF-E sessions and support groups.
	Individual attendance sheet for sessions & groups	A template for recording individual attendance by target group for IYCF-E sessions and support groups.
	Registration form for artificially fed infants	A template for recording individual consumption of BMS.
7. POLICY		
	International Code Violation Reporting Form	The form for reporting violations to 'The Code'.
8. COORDINATION AND COMMUNICATIONS		
	TOR - IYCF-E Working Group	A draft of terms of reference for an IYCF-E working group.
	IYCF-E Engaging with Other Clusters	Tips on how to engage with other clusters to coordinate an IYCF-E response.
	Nutrition Integration TIP Sheet 2013	Tips on how to integrate IYCF-E with other clusters through different activities including which indicators to use.
	IYCF-E Briefing for all Aid Workers and Sectors	A guideline summarizing how all volunteers and staff can help support IYCF-E.
A. Joint Statement on IYCF-E		
	Model Joint Statement on IYCF-E	A sample of a call for support for appropriate IYCF-E.
B. Leaflets for Health Workers		
	Cup Feeding Guide for Health Workers	A guide to health workers on how to cup feed infants.
	Example Leaflet for Health workers	A leaflet for health workers on how to support caregivers on breastfeeding and complementary feeding in emergencies and how to deal with BMS donations.
	IYCF_E Health Workers Fact Sheet	A concise guideline for health workers on how to support caregivers on breastfeeding and complementary feeding in emergencies.
C. Leaflets for Mothers		
	EG 1 IYCF-E Fact Sheet for Mothers - Indonesia	An example leaflet for mothers on how to protect their children by knowing the benefits of appropriate breastfeeding and complementary feeding.
	EG 2 IYCF-E Fact Sheet for Mothers - Lebanon	An example leaflet for mothers on how to protect their children by knowing the benefits of appropriate breastfeeding and complementary feeding and knowing the risks of artificial feeding.

References Contents

Folder	Document	Summary of Contents
1. DETERMINE THE NEED		
A. Initial Rapid Assessment(s)		
	Save the Children Multi-sector Top 5 Questions	Sector-specific five foremost questions to ask to enable prioritization of a response for WASH, FSL, Nutrition, Shelter, Child protection, Education, Health.
	Save the Children Multi-sector Initial Rapid Assessment	A Multi-Sector Initial Rapid Assessment questionnaire based on the top five questions.
	Save the Children Multi-sector Initial Rapid Assessment Intro	Understanding basics of a Multi-Sector Initial Rapid Assessment (MS-IRA) including the planning, methodology, analysis and reporting.
B. Sector Specific Assessment and Survey Tools		
	Challenges of IYCF-E specific rapid-assessment	A short presentation highlighting common challenges and possible solutions to issues encountered during rapid assessments of infant feeding in emergencies (IFE). Reference to lessons learned from recent IFE rapid assessments.
a. Example - ACF IYCF-E Assessment Tools		
	1. ACF BF assessment methodology	ACF's introductory guide on when and how to conduct a breastfeeding and infant feeding assessment and how to present and report the results.
	ACF - Annex 1 Interview guidelines	ACF's introduction to the semi-directive interview methodology and recommendations on a general interview procedure.
	ACF - Annex 2 Calendar of events (a)	ACF's template for a calendar of events that can be used to create a monthly local calendar of events.
	ACF - Annex 3 Indicators (Fanta 1999) (OLD)	ACF's technical resource document which provides the technical basis for choosing IYCF indicators and provides a recommended method for collecting, analysing and reporting on these indicators accurately and effectively. The information yielded from such can help policy makers, donors, program managers and the community to monitor progress and develop an overall picture of the patterns of IYCF.
	ACF - Annex 4 KPC FieldGuide_Sept03 (a)	ACF's field guide to assist projects in planning, conducting and analysing a Knowledge, Practice and Coverage (KPC) survey, while highlighting important issues and concepts. The guide contains further information on sampling options, KPC data analysis and the use of KPC data for health decision-making.
	ACF - Annex 5 Sampling Guide (Fanta 1997) (a)	ACF's step-by-step guide of how to choose samples of communities, households and/or individuals with a special focus on probability sampling for IYCF program evaluation surveys in a manner that, when combined with appropriate indicators and evaluation study designs, will permit valid conclusions to be drawn.

	ACF Example 1 HH BF questionnaire	ACF's sample household questionnaire including questions related to prenatal, infant feeding and health.
	ACF Example 2 HH BF questionnaire - ACF used Indonesia 2006 (a)	ACF's sample household questionnaire used post-earthquake in Indonesia to assess infant feeding.
	ACF Example 3 Assessment Mother Baby	ACF's tool to assess resources available to a lactating mother and baby or a pregnant woman.
	ACF Example 4 BF Group Discussion	ACF's sample of questions included in the breastfeeding FGD used post-earthquake in Indonesia.
	ACF Example 5 Spot check Observation List	ACF's sample template for a spot check assessing hygiene, infant and young child feeding and mother/child interaction.
	ACF Example 6 Village File	ACF's template which can be used to create a village portfolio ranging from demography to problems identified.
	ACF Example 7 Java BF Assess June 06 final V	ACF's breastfeeding assessment report of Java in Indonesia post-earthquake is an example of a breastfeeding assessment report.
b. Example - Indonesia Assessment Post-Earthquake 2006		
	Field Exchange - Issue 34 - Impact of Donations in Indonesia	A published technical article highlighting increased diarrhoea resulting from infant formula distribution in Indonesia post-earthquake. It further discusses what actions can be taken to prevent this in future.
	IYCF questionnaire Indonesia Post earthquake 2006	An example of an IYCF questionnaire administered in Indonesia post-earthquake.
C. Standard IYCF Survey Tools & Indicators		
	UNICEF Intro to Interpreting Area Graphs	UNICEF's introductory document to understanding and interpreting country level IYCF patterns and trends through area graphs or 'visual photos' for infant feeding and how to identify priority areas for action.
	WHO Definition of IYCF indicators 2010	WHO's technical report on core and optional indicators for IYCF including their definitions.
	WHO Measurement of IYCF indicators 2010	WHO's detailed guide on measurement tools for how to collect and calculate indicators to assess IYCF practices during large scale surveys.
a. Care IYCF Step by Step Guide 2010		
	Chi-square Tests	Care's ready-to-use Chi Square testing tool to assess a practiced behaviour related to IYCF.
	Generic IYCF Questionnaire	Care's sample questionnaire to determine infant feeding practices of children 0-23 months.
	IYCF Practices - Collecting and Using Data - A Step-by-Step Guide	Care's step-by-step guide to help collect, manage and use data on IYCF behaviours.
	Practice Data File	Care's example of a data file to show how data is recorded in a database for a feeding history.
	Report Card Template	Care's ready-to-use IYCF monitoring tool for assessing progress against targets for IYCF indicators.

	Sample Size	Care's calculator for calculating sample size for a single IYCF survey with multiple outcomes.
b. UNHCR SENS Survey		
	UNHCR SENS Module 3 IYCF v1.3	UNHCR's guidelines on how to conduct a standardized expanded nutrition survey (SENS) for IYCF indicators.
	UNHCR SENS Survey Steps & Sampling v1.3	UNHCR's step-by-step guide for conducting, training, data collection, analysis and reporting of SENS.
D. KAP Surveys		
	Note on KAP Methodology and Use	A technical review of the significance and relevance of the KAP methodology around five core issues and related recommendations by technical expert Mark Myatt.
	ACF KAP Surveys Lessons Learnt	ACF's learning document based on KAP failures due to problems in survey sampling design, questionnaire design, survey execution, data analysis and reporting.
a. Example: ACF KAP Survey Afghanistan		
	Jan 2010 DK - A3H KAP NUT survey report_VF	ACF's KAP survey report of a project involving integration of nutrition with livelihoods, with the aim being to assess increase in knowledge on nutrition and increased diet diversity.
	Appendix 1 - KAP 1 nutrition questionnaire November 2010	ACF's sample KAP questionnaire consisting of FSL and nutrition indicators.
	Appendix 2. HDDS database for KAP Nut November 2010	ACF's household dietary diversity score (HDDS) database for data entry from the KAP questionnaire.
b. Example: Concern KAP Survey Pakistan		
	Example of KAP Assessment	Concern Worldwide's example of a KAP questionnaire consisting of questions on general behaviour, antenatal care, birth preparedness, infant feeding and health education.
	FGD Protocols	Concern Worldwide's brief introduction of what a FGD is and how to conduct it.
	FGD Questions	Concern Worldwide's set of sample questions included in an FGD.
	KAP Questions	Concern Worldwide's set of sample questions included in a KAP survey questionnaire.
	KAP Survey Details	Concern Worldwide's geographical coverage breakdown to the HH level for a KAP survey for HH questionnaire coverage.
	KAP Tool	Concern Worldwide's set of questions assessing general behaviour, antenatal care, birth preparedness, infant feeding and health education for a KAP survey.
	Sampling Framework (Rev)	Concern Worldwide's geographical coverage breakdown to the HH level for a KAP survey for HH questionnaire and FGD coverage.
	Word Analysis 2	Concern Worldwide's district-wide descriptive analysis of KAP survey indicators in a word file.

	Working Paper - KAP (CMAM)	Concern's introduction to what the project's KAP survey aims to assess and what methodology will be used.
E. Estimating Age		
	FAO Guidelines for Estimating Age 2008	Guidelines intended for health care workers, survey trainers and others for estimating correct age of a child with a special emphasis on how to create a local calendar of events.
	IFE Core Group Guide 2012	A short explanation on how age terms are defined 'technically' and how we understand them in the common language.
2. PROGRAMME PLANNING		
	UNICEF - IYCF programming guide 2011	UNICEF's programme guidance document containing detailed programming information on IYCF, including breastfeeding, complementary feeding and infant feeding in general and in especially difficult circumstances such as in the context of HIV and in emergencies.
A. Activities		
a. Baby-Friendly Spaces		
	WV Baby Friendly Areas - Tents 2012	World Vision's operational guidance for field workers on how to support IYCF-E through baby-friendly tents.
b. Care Groups		
	Care Groups Summary	How to set up the care group model and highlight the efficacy of such an intervention.
c. Cholera and IYCF-E		
	Breastfeeding mothers in cholera treatment centres	A handy guideline for field workers on how to provide care to breastfeeding mothers in cholera treatment centres.
	Cholera and SAM Inpatient	Care and treatment protocol for SAM children in inpatient care with suspected cholera.
	Cholera and SAM Outpatient	Care and treatment protocol for SAM children in outpatient care with suspected cholera.
	IYCF during diarrhoea and cholera	How to manage the feeding of the infant and young child having diarrhoea and cholera.
	IYCF-E Cholera Briefing e.g. Zimbabwe	Briefing on IYCF during reported cholera in Zimbabwe, which highlights key preventative actions.
d. Mother to Mother Support Groups		
	Mother-to-Mother Groups - Facilitators & Discussion Guide	A guide for a mother-to-mother support group facilitator to plan and prepare for mother-to-mother support group sessions, by illustrating specific topics for discussion during the sessions.
	Mother to Mother Groups - FAQ - 2004 – Linkages	Frequently asked questions about mother-to-mother support groups.
e. Psychosocial and Developing the Child		
	IASC Mental Health Psychosocial Guidelines 2007	A guide for field workers on how to facilitate an integrated approach to address the most urgent mental health and psychosocial concerns in emergency situations.

	Integrating ECD and Nutrition Programmes 2012	A technical paper highlighting the significance of integrating Early Childhood Development (ECD) activities within nutrition programmes, providing practical suggestions on what steps to take to achieve that and gives examples of how such integrated programmes have been established in other circumstances.
	ECD Kit - Activity Guide	A collection of fun learning activities to do with children.
	Helping a Child to Develop	Recognizing age specific skills and development stages of a child to fully understand that a healthy child is not just about nutrition but also about development in other areas.
	Homemade Toys and Activities	A guide to creating age-specific homemade toys and activities to do with children.
	Psychological first aid 2013	Social and psychological first aid guide for field workers to provide humane, supportive and practical help to people affected by a crisis situation.
	Psychosocial and psychological support	An explanation of the significance of psychosocial and psychological support using the extended care conceptual framework.
f. SAM Management including IYCF-E		
	WHO Guidance on SAM management 2013	WHO guideline on prioritized areas for management of SAM in infants and children based on updated evidence and practice.
B. Baby Friendly Hospital Initiative		
	Baby Friendly Hospital 2009 intro 1	Guidelines related to implementation, integration and expansion of Baby Friendly Hospital Initiative (BFHI) at the hospital, country and global level in compliance with the International Code of Marketing of BMS.
	Baby Friendly Hospital 2009 mat staff 2	A document providing a series of eight sessions that can be given to decision makers to orient them on BFHI, explain the positive impacts it can have and to gain their commitment to promoting and sustaining BFHI.
	Baby Friendly Hospital 2009 mat staff 3	A 20-hour course to strengthen the knowledge and skills of maternity staff towards successful implementation of the 'Ten Steps to Successful Breastfeeding'.
	Baby Friendly Hospital 2009 self-assess 4	Tools that can be used by managers and staff to determine whether their facilities are ready to apply for external assessment and, once their facilities are designated Baby-friendly, to monitor continued adherence to the Ten Steps.
	The Ten Steps to Successful Breastfeeding	The Ten Steps to Successful Breastfeeding supported by the BFHI.
C. Minimise the Risks of Artificial Feeding		
	Acceptable Medical Reasons for Use of BMS (WHO, 2009)	Document outlining the acceptable medical reasons for both infants and mothers where use of BMS is considered acceptable.
	Examples RUIF Exit Strategy Haiti 2010	A draft of a document used in Haiti outlining when it is appropriate to transition from the use of ready-to-use infant formula (RUIF).

	Why Infant Formula Causes Deaths Due to Diarrhoea	A technical explanation as to why infant formula causes diarrhoea and mortality, particularly in emergencies.
	(How to) Prepare Formula for Cup-Feeding at Home (WHO, 2007)	WHO's guidance note on preparing infant formula safely for cup feeding.
	Safe Preparation, Storage and Handing of PIF (WHO, 2007)	WHO's guidance note on using powdered infant formula (PIF) safely, with details on infections that can result if PIF is not handled safely.
a. Donations		
	Presentation - Donations of BMS and Other Milks in Emergencies	A presentation on how to prevent and manage BMS donations in emergencies.
	Presentation - Why Mothers use Donated Formula and Don't BF	A presentation on why mothers accept to use infant formula rather than breastfeed.
	WHO unwantedpharm 1999 - Guidelines for Safe Disposal of Unwanted Pharmaceuticals in and after Emergencies	A guidance note explaining how to dispose of unwanted pharmaceuticals appropriately.
	Example BMS Donations Mapping Report Haiti 2010	Example of a report on donated BMS in Haiti, 2010.
D. Technical Areas		
a. Complementary feeding		
	Complementary Feeding for IYCF-E - Workshop 2012	Presentation on what complementary feeding is, why it is important and how it can be nutritionally adequate.
	IFE Core Group - Complementary Feeding in Emergencies Review 2009	A preliminary scoping review to evaluate existing guidance, training materials and resources related to complementary feeding in emergencies (CFE) to help determine what is now required to fill the gap in training content, the associated implications for developing a specific CFE training resource (CFE module), as well as the requirements for its realisation.
	Guiding Principles Complementary Feeding Non-Breastfed WHO 2005	Guiding principles of complementary feeding for non-breastfed infants from 6-24 months regarding what foods are needed and how they should be incorporated in the diet.
	Guiding Principles Complementary Feeding Breastfed WHO 2001	Guiding principles of complementary feeding for breastfed infants regarding what foods are needed and how they should be incorporated in the diet in continuation with breastmilk.
	Process for the Promotion of Child Feeding Field Guide 2013	A multi-module field manual for users to guide them on identifying problems related to IYCF, identifying barriers, selecting behaviour change recommendations, developing interventions to promote them and design monitoring and evaluation mechanism to measure progress.
b. HIV Case Management		
	HIV Recommendations WHO 2010	WHO's principles and recommendations for infant feeding in the context of HIV based on a summary of evidence.
	Haiti Technical Note HIV & IYCF-E 2010	A technical note that provides a summary of the most recent WHO recommendations on HIV and infant feeding and their application to the emergency in Haiti in 2010.

c. Management of Acute Malnutrition in Infants - Technical Review		
	MAMI Report Contents	Table of contents and list of acronyms used in the MAMI project report.
	MAMI Report Chapter 1 Introduction	This chapter provides an introduction to the MAMI project.
	MAMI Report Chapter 2 Setting the Scene	This chapter illustrates why malnutrition is an important issue particularly for infants under 6 months, what policies are in place currently and what interventions are being carried out to tackle malnutrition.
	MAMI Report Chapter 3 How Big is the Problem	This chapter highlights the global disease burden attributed to malnutrition and how different ways of measurement affect malnutrition related statistics.
	MAMI Report Chapter 4 Review of MAMI Guidelines	A review of available MAMI guidelines.
	MAMI Report Chapter 5 Review of Field Treatment	This chapter presents individual level data on infants <6m gathered from therapeutic feeding programmes (TFPs) and supplementary feeding programmes (SFPs).
	MAMI Report Chapter 6 Key Informant Interviews	This chapter comprises a review of field experiences on MAMI from qualitative data sources to explore priority areas for improving MAMI outcomes and to identify relevant qualitative issues.
	MAMI Report Chapter 7 Review of Breastfeeding Assessment Tools	This chapter is a review of breastfeeding assessment tools used to identify feeding problems and monitor recovery.
	MAMI Report Chapter 8 Psychosocial Considerations	This chapter reviews the scientific basis of stimulation activities in the treatment of malnutrition while exploring some key influences of the maternal-child relationship on child malnutrition, especially that of maternal depression.
	MAMI Report Chapter 9 MAMI Considerations	This chapter addresses issues around admission criteria, inpatient and outpatient breastfeeding support in CMAM programs and clinical criteria to identify high risk infants while introducing topics of appropriate therapeutic milk selection and HIV.
	MAMI Report Chapter 10 The Way Forward	This chapter provides the recommendations made throughout the MAMI report in response to identified gaps, in particular by highlighting key resources, good practices, and complementary initiatives to consolidate and build on.
d. Maternal Nutrition		
	Maternal Nutrition Reference List 2013	A list of references for the technical note on maternal nutrition in emergencies.
	Maternal Nutrition Technical Note 2013	A technical note summarising the current evidence on maternal nutrition including what is required to support maternal nutrition and where the gaps in knowledge are in addressing maternal undernutrition in emergencies.
e. Micronutrient and Selective Feeding Guidance		
	MAM Decision Tool final June 2014 corrected	A tool which reviews the current information on MAM to determine which intervention is appropriate for MAM treatment and prevention.
	Joint Statement on Micronutrients in Emergencies 2007	A joint statement by WHO, UNICEF and WFP on prevention and control of micronutrient deficiencies in emergencies among children 6-59 months and PLW.

	Vitamin A Supplementation for Children 6-59 months Guidance 2011	This guideline provides global, evidence-informed recommendations on the use of vitamin A supplements in infants and children 6–59 months of age for the reduction of morbidity and mortality.
	Vitamin A Supplementation for Postpartum Women Guidance 2011	This guideline provides global, evidence-informed recommendations on the use of vitamin A supplements in postpartum women for the reduction of maternal and infant morbidity and mortality.
	WFP UNHCR Guidelines for Selective Feeding 2011	A practical guide to design, implement, monitor and evaluate selective feeding programmes in emergency situations.
	WHO Guidelines on Micronutrient Powders 6-24 months 2011	This guideline provides global, evidence-informed recommendations on the use of multiple micronutrient powders for home fortification of foods consumed by infants and young children 6–23 months of age.
f. Relactation		
	WHO Relactation Review and Guide 1998	A review and guideline on relevant information for health workers implementing programmes that include relactation.
E. UNICEF Generic IYCF Package		
	Adaptation Guide Oct 2012	A guide to adaptation of the content and images to make UNICEF's Community IYCF Counselling Package appropriate for use in a local context.
	Brochure Feeding After 6 Months	A two-page brochure explaining how to feed the baby after 6 months.
	Brochure How to Breastfeed	A two-page brochure explaining how to breastfeed the baby.
	Brochure Maternal Nutrition	A two-page brochure explaining about maternal nutrition during pregnancy and breastfeeding.
	Counselling Cards Oct 2012 (small)	Counselling cards on breastfeeding under and beyond six months including special conditions such as a sick child and those with HIV.
	Facilitator Guide Nov 2012	A facilitator's guide to training community workers in key IYCF practices, essential counselling skills and the effective use of counselling tools and other job aids.
	Key message Booklet 2012 (small)	This booklet consists of messages related to each of the IYCF Counselling Cards and copies of the 3 take-home brochures.
	Participant Materials Nov 2012	This manual contains key technical content presented during the training and tools for assessment of IYCF 3-step counselling and supervision activities.
	Planning Guide Oct 2012	An outline of series of steps and some key points about the systems and structures needed to make IYCF counselling in the community function optimally and in a sustained way, as part of a broader IYCF, nutrition or health programme.
	Supervision Monitoring Module Nov 2012	A guide to build skills of supervisors to mentor and monitor performance of community workers, both in terms of the quality and coverage of activities, and to help strengthen performance where gaps are identified.

IYCF-E TOOLKIT: Rapid start-up for emergency nutrition personnel

	Training Aids Sep 2012 (small)	Visuals that complement the training sessions to help participants grasp and retain technical knowledge and concepts.
3. CASELOAD AND SUPPLY NEEDS		
	Codex for infant formula	This includes standards on infant formula and different formula for special medical purposes intended for infants.
4. STAFF		
	IYCF Counselling Supervision - IYCN	A guideline on supportive supervision reinforcing theoretical information and skills learned during training and applying that material to normal working situations.
	IYCF Exit Interview Guidelines - IYCN	Sample of an exit interview questionnaire and guidelines on conducting an exit interview of a client.
5. ORIENTATION AND TRAINING		
	Ops Guidance Briefing	Key summary points of IYCF operational guidance including key action points.
	IYCF-E Presentation July 2013	A comprehensive presentation on what age appropriate IYCF-E is, its challenges, what can be done to minimize risks to infants and young children in emergencies and what policies are available to support IYCF-E.
	Donations BMS and Other Milks in Emergencies (PDF)	A document illustrating examples of BMS and infant formula donations in emergencies and suggesting ways to deal with such donations.
	Donations BMS and Other Milks in Emergencies (PowerPoint)	A presentation on examples of BMS and infant formula donations in emergencies and suggesting ways to deal with such donations.
	Module 17 IFE GNC Nutrition in Emergencies 2011	Guidelines on what IYCF-E is, how to develop a minimum IYCF-E response, a review of available resources for IYCF-E and how to implement emergency preparedness activities.
A. Complementary Feeding WHO 2004		
	Directors Guide (Eng.)	A detailed guide for the planning and preparation of a complementary feeding training course to improve feeding practices of children from 6 to 24 months old by providing culture-specific nutrition counselling.
	Participants Manual (Eng.)	A take home training course manual for participants for the complementary feeding training course explaining all sessions and including extensive supplemental material.
	Trainers Guide (Eng.)	This guide contains all the information needed by the trainer to carry out the complementary feeding training.
	Transparencies (Eng.)	Presentation of complementary feeding key messages concisely through presentation slides for use in the complementary feeding training.
B. Harmonized Training Package v.2 2011 IYCF-E Module		
	M17P0	Basic questions answered about the Harmonized Training Package (HTP) and details on how to use it.

	M17P1	A fact sheet providing an overview of the module topics, designed for non-technical people to obtain a quick overview of the subject area.
	M17P2	Technical notes for trainers and trainees, providing detailed technical guidance on current policies and practice.
	M17P3	Trainer's guide to help trainers develop a training course including tips and tools which can be adapted to the specific training context.
	M17P4	A list of relevant available resources (including training materials) for the specific technical areas included in the HTP.
C. IYCF-CMAM Integration 2009		
	Integration of IYCF Support into CMAM - Facilitators Guide	A training module for trainers to train health workers in integration of recommended infant and young child feeding (IYCF) practices with CMAM.
	Integration of IYCF Support into CMAM - Hand-outs	An easy reference to information on IYCF integration with CMAM in the form of hand-outs.
	CHW - IYCF CMAM training Afghanistan 2009	A presentation on IYCF for community health workers providing information on appropriate IYCF practices, how to assess a breastfeed and how to identify and take care of common breastfeeding difficulties and breast conditions.
D. Module 1 Orientation Package		
a. Supporting Technical Documents		
	Section 1 - Why IFE Matters - Oct 2009	A summary of what IFE is, how children become vulnerable in emergencies and what are the appropriate IYCF-E practices to minimize risks to infants and young children in emergencies.
	Section 2 - Making it Matter - Oct 2009	A look at what global policies are available, adhering to which can protect infant and young children during emergencies.
i. Section 3: Making it Happen		
	Making it Happen_Assessment	Key points on how to include IFE in monitoring and assessment in emergencies.
	Making it Happen_Basic Interventions	Key considerations on how IFE can be prioritized.
	Making it Happen_Coordination	Key points on collaboration among different implementing partners to support and protect IFE.
	Making it Happen_Donations	Key actions to take to prevent and manage BMS donations.
	Making it Happen_Handling Milk Products	Key points to consider about handling milk products.
	Making it Happen_Orientation & Training	Key information on what and how to train/orient relevant staff on IFE.
	Making it Happen_Policy	Key points on why developing a policy can help protect IFE.
	Making it Happen_Taking Action	Key points identifying responsibilities of different stakeholders ranging from individual to media responsibility for IFE.
	Making it Happen_Technical Interventions_Artificial	Key points to consider about artificial feeding of infants during emergencies.

	Feeding	
	Making it Happen_Technical Interventions_Breastfeeding Support	Case studies on supporting breastfeeding during emergencies by integrating with other interventions during emergencies.
	Section 3_Making it Happen_Oct 2009_Full	The complete module on 'Making it happen' detailing what to do and what not to do when implementing IFE.
b. Training and PowerPoint Resources		
	Facilitator Guide - Orientation	An example list of contents of a facilitator guide.
	Knowledge Assessment_Answers	Post training evaluation questionnaire with answers.
	Knowledge assessment_Test	Post training evaluation questionnaire without answers.
	Orientation_1 hour_IYCF-E (PowerPoint) - updated	Presentation on core IYCF-E concepts.
	Silent presentation IYCF-E (PowerPoint)	Presentation on core IYCF-E concepts illustrated through pictures from real emergency situations.
i. Bonus IYCF-E Slides		
	Assessment Bonus Slides	Presentation on assessment cycle and questions to address during an Initial Rapid Assessment (IRA).
	Bare Minimum IFE	Presentation on what IFE is and what a basic IFE response should be.
	Complementary Feeding Bonus Slides	Presentation on complementary feeding in emergencies.
	Frontline Support Bonus Slides	Key responsibilities for IFE of community workers.
	HIV and Infant Feeding Bonus Slides	Assessing appropriateness of breastfeeding with HIV including recommendations from WHO.
	IFE Essential Orientation Bonus Slides	Key points on IFE Operational Guidance.
	The Code and IFE Bonus Slides	Key questions about The International Code of Marketing of BMS
ii. Detailed IFE Orientation		
	Making IFE Happen_3_LONG_IFE v2 2009	Presentation on what can be done to support IFE by developing a minimum response plan.
	Making IFE Matter_2_IFE v2 2009	Presentation on which global policies, technical documents and frameworks are available to support and highlight the issue of IFE.
	Why IFE Matters_1_LONG_IFE v2 2009	Presentation on the significance of IFE.
c. Country Action Plans		
	Country Action Plan Guidance Presentation	Guidance on developing country level action plans to strengthen IFE planning and implementation.
	Country Action Plan Worksheet	A worksheet to record different constraints to IFE encountered in different fields .
	Country Action Plan Spreadsheet Sample	A template of country-wise working of IFE in relation to different areas of action.
d. Country Problem Analysis		
	Country Analysis Exercise_Presentation_v1	A sample exercise to map and assess areas of concern for IFE programming at the country level.

IYCF-E TOOLKIT: Rapid start-up for emergency nutrition personnel

	Country Analysis Grid_East Africa_Template_v1	A sample analysis grid from East Africa showing what the exercise would yield.
	Country Analysis Worksheet_v2	A sample of the analysis grid from East Africa presented in a word document.
	Sample_Country Analysis Grid Result_East Africa	Colour coded analysis of East Africa on areas of concern for IFE programming at country level.
e. Scenario		
	Scenario_1_Answer Sheet	A case study for IFE with related questions.
	Scenario_1_Participants	The answers to the questions posed in the case study.
E. Module 2 on IYCF-E		
	Module 2 v1 1 Additional (Eng.)	A guide on IFE related to special conditions such as relactation, breast conditions, feeding a malnourished child less than six months and feeding infant and children who are not breastfed.
	Module 2 v1 1 Annexes (Eng.)	Additional material available on key points ranging from cup feeding to calculating feedings.
	Module 2 v1 1 Core Manual (Eng.)	A guide for health and nutrition workers to provide basic knowledge and skills to help both breastfeeding and artificially feeding women.
	Module 2 v1 1 Slides (Eng.)	Presentation on supplemental illustrations for breastfeeding.
F. Example IYCF-E Heads Training Philippines 2009		
	IFE Full Day Training Timetable	Timetable for a one-day training on IFE for field level workers.
	Roles of IFE Head	Role and responsibility of IFE heads and breastfeeding supporters in evacuation centres during emergencies.
	Training Plan for IFE Heads from Evacuation Centres	A basic seven session training plan for IFE heads from evacuation centres.
	1. IFE in Evacuation Centres - 18 Nov 2009	Brief illustration of how IFE can be supported in evacuation centres.
	2. Current Situation	A set of pictures portraying the current situation during an emergency.
	3. Why is IFE important	Recognizing and understanding the significance of IFE, what risks are involved and how support can be provided.
	4. Breastfeeding Basics	Familiarisation on proper attachment and positioning during breastfeeding, increasing milk flow, maintaining skin-to-skin contact and encouraging mothers.
	5. Myths and Misconceptions	Common myths and misconceptions about IFE explained by providing facts and recommendations.
	6. IFE Supportive Care	Elements of supportive care that can help a mother to breastfeed.
	7. Additional Support	Additional material about cup feeding, breastmilk expression, artificial feeding, relactation, Kangaroo care and other ways of feeding an infant.
	9. Summary of Good Breastfeeding - End of Morning Session	Summary of points for assessing a good breastfeed and techniques that can be applied for improving it.
	10. Simple Rapid Assessment	A framework with possible questions to ask while assessing a mother/child pair for IYCF practices.

IYCF-E TOOLKIT: Rapid start-up for emergency nutrition personnel

	12. Counselling	How to conduct counselling while applying listening and learning skills and conduct a home visit for follow-up.
	15. Counselling Cards	Counselling cards illustrating key messages based on different target groups.
	IFE Summary Sheet for training	A summary of information on assessing an appropriate breastfeed and minimizing risks to artificial feeding.
	Key IFE Messages	Key messages on breastfeeding post-emergency.
	Proposed Cascade Training and Areas	A framework of how to pass on training.
	Quiz	A quiz question with answer on significance of breastfeeding on child mortality and morbidity.
	What do we Expect from an IFE Head	Roles and responsibilities of IFE heads and breastfeeding supporters in evacuation centres during emergencies.
6. PROPOSAL DEVELOPMENT, MONITORING AND REPORTING		
	OFDA Guidelines for Proposals October 2012	OFDA humanitarian response funding guidelines for NGOs.
	DFID Humanitarian Response Funding Guidelines	DFID humanitarian response funding guidelines for NGOs.
	DFID Nutrition for Growth Commitments	Summary of achievements accomplished by different agencies towards growth commitments through DFID funding.
	DFID Strategic Vision for Girls and Women	A strategic action plan to support women and girls to end poverty before it starts.
	EC Staff Working Document on Undernutrition in Emergencies	A document explaining the contribution of the EC in supporting nutrition during emergencies.
	EC Addressing Undernutrition in Emergencies - Roadmap for Response	Summary of key chapters on EC's response to undernutrition during emergencies.
7. POLICY		
	The Sphere Project 2011 - IYCF-E elements	IYCF-E standards in the SPHERE Project 2011.
	UNICEF, Sphere, Lancet Conceptual Frameworks	Overview of UNICEF, Sphere and Lancet Conceptual Frameworks.
	IYCF-E Policy Framework PowerPoint Diagram	A framework illustrating the interconnected key global legislation, frameworks, strategies and initiatives for IYCF-E.
A. Agency Specific IYCF-E Policies		
	Save the Children Sierra Leone Staff Breastfeeding Policy 2012	A statement on the policy of Save the Children for Sierra Leone staff on breastfeeding.
	Save the Children IYCF-E policy	The Save the Children IYCF-E policy.
	UNHCR Milk Product Policy 2006 (Eng.)	UNHCR policy related to the acceptance, distribution and use of milk products in refugee settings.

	World Vision Milk Policy 2011	World Vision's policy on procurement and use of milk products in field programmes.
	WHO Global Strategy for IYCF 2003	A guide for action on providing evidence-based nutrition practices that yield optimal health outcomes.
	WHO Guiding Principles on IYCF-E 2004	Guiding principles of WHO for feeding infants and young children during emergencies.
B. International Code of Marketing of BMS		
	ICDC Focus - The Code in Emergencies	A brief focusing on violations of 'The Code' during emergencies.
	International Code of Marketing of BMS	A WHO document detailing the International Code of Marketing of Breastmilk Substitutes.
C. Operational Guidance on IYCF-E		
	IYCF-E Operational Guidance v 2.1 - with addendum	A concise, practical (but non-technical) guidance note on how to ensure appropriate infant and young child feeding in emergencies.
8. COORDINATION AND COMMUNICATIONS		
A. Examples of External IYCF-E Communication Documents		
	IYCF-E Guide for Public to Support Ops Guidance	A guideline of how the public can support IYCF-E.
	IYCF-E Integration Matrix with other Sectors e.g. Philippines 2013	An example matrix from an emergency response in the Philippines for IYCF-E specific nutrition interventions integrated with other sectors.
	Joint Statement on IYCF-E e.g. Haiti 2010	An example of a joint statement by WFP, UNICEF and WHO calling for supporting appropriate infant and young child feeding in Haiti.
	Simple IYCF-E statement e.g. Haiti 2010	An example of a joint statement by WFP, UNICEF and WHO raising awareness on minimizing donations of BMS in Haiti.
	Guidelines for BF in Emergencies e.g. Pakistan 2010	A statement issued by the Ministry of Health in Pakistan including guidelines on how to promote and protect infant feeding during emergency and prevention, control and treatment of acute watery diarrhoea.
	IYCF-E Briefing External e.g. Pakistan 2010	An example of a statement issued in Pakistan during a flood emergency for protection and promotion of appropriate IYCF-E.
	Joint Tech Note HIV & IYCF-E e.g. Haiti 2010	An example of a joint technical note by WHO, WFP and UNICEF summarizing the most recent WHO recommendations on HIV and infant feeding and their application to the emergency in Haiti.
B. Media Communication		
	Sample Appropriate Press Release - Gaza 2009	An example of a press release from Gaza related to BMS donations.
	Sample Appropriate Press Release - Indonesia	An example of a press release from Indonesia related to BMS donations.

	Sample Press Release Accounting for Not-BF Babies	An example of a press release from the Philippines accounting for the needs of non-breastfed infants.
	UNICEF-WHO Media Statement on IFE - China	Joint statement from UNICEF and WHO for the media on protecting infants affected by the earthquake in China by encouraging surviving mothers to continue breastfeeding their babies and protecting them from unrequested breastmilk substitutes.
	Media Messages after Nargis and Wenchuan - Gribble Oct 2012	An analysis of media messages related to feeding infant formula after a cyclone.
	Media Responsibility on IYCF-E	The role and responsibility of media in disseminating information related to IYCF-E and a set of appropriate phrases for media press releases.
	Sample Media Piece on Donations - Philippines 2013	Sample of media coverage on BMS donations in Philippines.
	World BF Week - IYCF-E preparedness (2009)	An example of an IYCF-E preparedness tool used during the World Breastfeeding Week in 2009.
C. Examples of IEC-BCC Material		
	Behaviour Change Communication in Emergencies	UNICEF's toolkit to help prepare, plan, implement and monitor behaviour change communication initiatives supporting health, hygiene and child protection efforts in emergencies.
	Communication for Development - Breastfeeding Manual - 2010	UNICEF's module on identifying benefits of and challenges to exclusive breastfeeding, knowing interventions for improving exclusive breastfeeding and how community empowerment can achieve and sustain improvements in exclusive breastfeeding.
	Infant Feeding Songs - e.g. Haiti 2010	Songs from Haiti on infant feeding and hand washing.
	Poster - Formula Feeding Costs Money - Indonesia 2006	A poster used in Indonesia illustrating the added burden of cost for formula feeding.
	Print Ad - Newspaper - Don't Formula Feed - Indonesia 2006	An example of an advertisement in Indonesia discouraging formula feeding/bottle feeding.
	IYCF-E Flip Chart - Philippines 2009	A sample of IYCF-E flip charts used in the Philippines during information and counselling sessions.
	Breastfeeding - a Vital Emergency Response Badge	A sample badge illustrating breastfeeding as a vital emergency response.
	IYCF-E Guide for Mothers WHO 1997	A breastfeeding guide for mothers from WHO.